

Apr 2017 – Oct 2017 Menu BFC

<u>Week</u>	<u>Monday</u>	<u>TUESDAY</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>1</u>	Toast Cup of tea	Cereal with milk	Toast Melon & grape Smoothie	Cereal with milk	Toast
<u>2</u>	Cereal with milk	Toast	Cereal with milk	Toast Cup of tea	Pancakes with honey
<u>3</u>	Toast Chocolate milk	Cereal with milk	Toast	Cereal with milk Blueberry & vanilla Smoothie	Toast Cup of tea
<u>4</u>	Cereal with milk	Toast oatty vanilla and cinnamon smoothie	Cereal with milk Cup of tea	Toast	Bacon and egg on toast

Smoothies, fruit juice, milk and unlimited water available

Fruit selection available daily